

# AVILA EXAMINER

Volume 6, No. 4

Avila College, Kansas City, MO

November 6, 1990

## Avila's Continuing Heritage

By Candy Brossla and Pam Garrett

Avila College sits on 48 acres of land located at 119th and Wornall Road with approximately 1,400 students and 150 faculty members. It offers 35 undergraduate degrees, one associate's degree and 3 graduate degrees.

Of the 1,400 students, approximately 500 are full-time, 700 part-time and 180 graduate students. Avila houses 138 students at present, which represents 70% capacity in the residence halls. Faculty members include 60 full-time and 90 part-time members.

The newest addition to Avila will be the soccer field behind the Field House.

All the above represents statistics surrounding Avila. But what is Avila, and what does it mean to those who attend these hallowed halls?

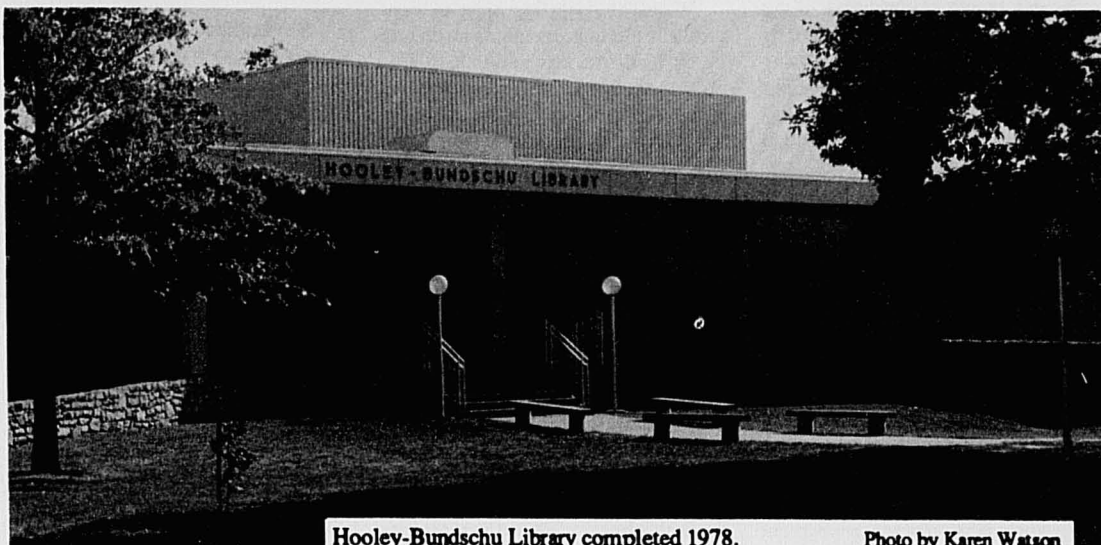
To many it represents a chance to complete an education begun long ago

and not yet fulfilled. Avila represents a small, close-knit, family-type atmosphere. Students have names and are not just numbers.

Many people looked into other college campuses in the vicinity and found that Avila offered the best way to complete their degrees while fitting classes around their schedules.

Avila is to be commended for its friendly, caring atmosphere, but more importantly, for its teaching excellence.

This three-part series could not have been written without the following sources: Our thanks to Sr. Rose Anthony Schmitt, Sr. Marie Joan Harris, Sr. Una Marie Brumbach, Toni Bink (Registrar), Tom Lease (Dean of Students), Mary Ann Deck (Dean Harris' office), Advancement Office and past issues of *Accent on Avila* and *The Kansas City Star*.



Hooley-Bundscho Library completed 1978.

Photo by Karen Watson

## Scholarships Provide Dough So Students Can Go

By Melissa Martin

College may be a goal for many people, but as we all know, you can't go without the dough! For this reason, Avila has developed many alternatives to assist students with their financial needs.

The School offers three different types of scholarships.

The Endowed Scholarship is one which can be awarded annually out of earned interest without decreasing the principal. Avila currently offers 43 endowed scholarships. Each scholarship is awarded upon different criteria set by the contributor and the College, although academic achievements play a large part in the distribution.

The purpose of these scholarships is to help students financially as well

as allow the contributor to honor a loved one or respected friend. Such scholarships vary in the amount awarded.

Secondly, Avila offers Talent Scholarships (softball, soccer, theatre, etc.) Because students are encouraged to attend Avila for their academic talents and not their physical talents, the College does not offer a full-time scholarship.

Talent Scholarships are awarded by coaches and department heads; therefore, students can inquire about these scholarships by contacting the appropriate director. Funds for such a scholarship are acquired through total financial resources of the College.

Finally, the President's Scholarship is awarded to those incoming freshmen who have scored at least a 24 on the ACT or 1,100 on the SAT. Students must have maintained at least a 3.0 (B) average in high school and continue to hold that average throughout their course work completed at Avila.

The students are required to register for 15 hours per semester. Transfer students who have earned at least a 3.5 on a minimum of 24 credit hours

acquired from their previous college course work will be awarded this scholarship.

Like incoming freshmen, transfer students are required to hold at least a 3.0 (B) average; but, unlike freshmen, they may attend part-time and accumulate up to nine credit hours. At this point, the student must enroll full-time to continue the scholarship.

President's Scholarships range from \$1,000 to \$4,500 per academic year and can be renewed for up to eight semesters. Those awarded to transfer students are renewable for up to seven semesters or until the student has received a Bachelor's Degree, whichever comes first.

Any money offered to a student through an Avila scholarship is not required to be paid back. Aside from these scholarships, many others outside of Avila are available. Students can obtain more information on scholarships, as well as other financial aid options, by contacting Cindy Butler, Director of Financial Aid.

With help, college can become an affordable asset to your success. A good education is an investment that can pay off for a lifetime.

## Avila Shares Conference of Writers

By Rita Dublin

On Friday and Saturday, November 2-3, the Heart of America Writers' Conference took place at Johnson County Community College's new Cultural Education Center.

A joint effort between Avila College and JCCC, the Heart of America Writers' Conference attracted 200-250 participants in the two-day workshop event. Sixteen workshops were offered, of which participants could choose three, all conducted by experienced and professional writers.

Other events included the opportunity to seek the advice of an expert about a finished short story, poem or novel.

Originally, Avila College and JCCC each held a writers' conference back-to-back. However, the planners chose to make it a joint venture this year.

If you missed it this time, plans are already underway for the next Heart of America Writers' Conference in Fall, 1992.

## Montessori Teaches Children Fundamental Skills

By Terry Zaiss

The Avila Montessori School was developed to help younger children progress at their own speed through one-on-one teaching and different working areas for the children, from ages 3-6.

The School was originally a lab school for the Department of Education, a form of student teaching for the Montessori Education Program, according to Carol Frevert, R.N., Director of Health and Child Services.

"Students would go to these classrooms and use them as lab schools, where they would work with the children and learn how to do procedures and other things," said Frevert.

Due to lack of interest, the Montessori program was dropped two years ago and made into a public service involving two classrooms, two full-time teachers, a part-time teacher's assistant and a total enrollment of 35 children.

The program is self-supporting and has a budget to meet each year through tuition fees.

The tuition varies according to which program the parent chooses for the child. There are seven class options that the child continuously follows, ranging from full-day to half-day and from five, three or two-day periods; for example, the child can attend class Monday through Friday from 9:00 a.m.-3:00 p.m. or just Tuesday and Thursday from 9:00-11:45 a.m..

There is a child care center in the Hodes Building, along with the Montessori, for working parents. It is open from 7:30 a.m.-5:30 p.m..

This variety of options makes it easier for parents. The school encourages parental input.

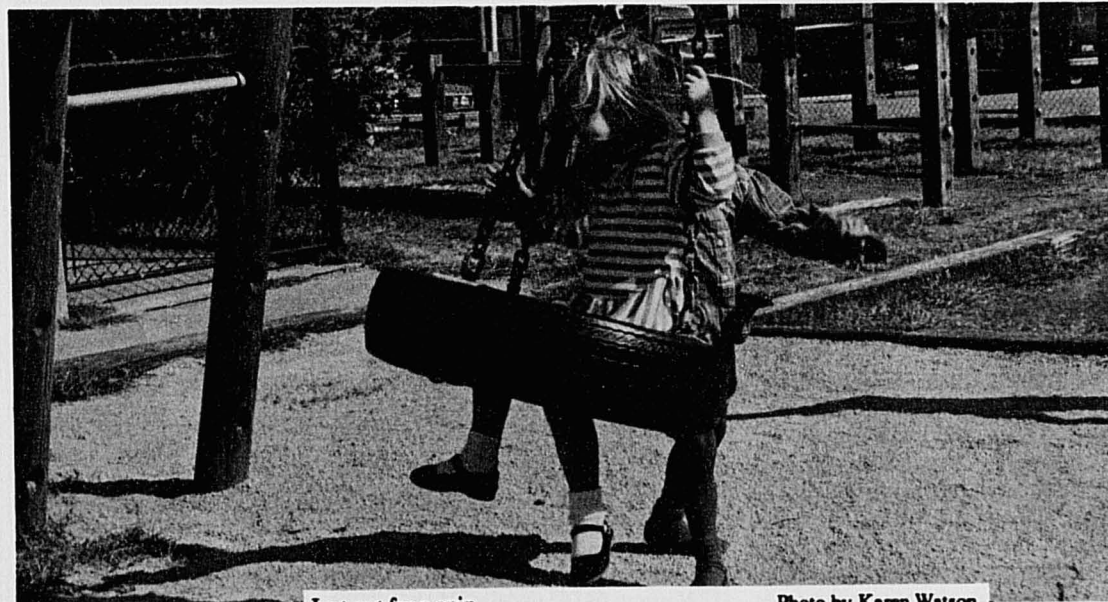
"We have a great parent/teacher contact. Any time they have a question, or we have a concern or something, we bring it to their knowledge and they do the same for us," said Kerry Dugan, one of the Montessori teachers. The conferences occur twice a year; once in the spring and once in the fall.

"Parents either come to us, and

they really do not know anything about Montessori and you sort of have to educate them on what the program is about, or they know about Montessori and are really sold on it," said another Montessori teacher, Sharon Giangreco, Directress of Avila Montessori School.

The class program is part of what attracts the parents. The children study under practical, sensorial, language and math areas. According to Dugan, the children deal with socialization and practical life, concentrate on using their senses, learn sounds of letters eventually to go into actual reading and learn basic math skills. With each subject comes hands-on equipment instructed by the teachers.

The parents consist of people from the community as well as students and staff members at Avila. More information about the Montessori School, including tuition fees and class options, can be obtained from Carol Frevert in the Health Center.



Just out for a spin.

Photo by Karen Watson

## Critic Goes Beyond Classroom

By Lisa Herbert

On Wednesday, October 17, Avila was delighted to have TV/Radio Critic for *The Kansas City Star*, Barry Garron, as a part of the Communication Speaker Series.

Garron has worked for the *The Kansas City Star* for 17 years, seven of those years as a critic. Garron has a bachelor's degree in Political Science

and Journalism from the University of Missouri. He finished with his MBA from the University of Kansas. He is currently Vice-President of the Television Critics Association.

Garron showed how ratings for television and radio are done. He said, as a critic, he tries to better the people he analyzes rather than offend them.

## Older Learners Continue Education

By Jane Malone

During the week of October 21-27, Avila hosted the Elderhostel program. Once again, people from all over the country came to attend. One such person is Ruby Kolstö. Ruby came from San Antonio, Texas to participate in what she calls "a fascinating program."

How did she find out about the Elderhostel program? "A friend sent me a catalog about it, and I became interested in it," Kolstö answered.

After looking through the catalog, she decided to take part in the program.

In fact, her experience here at Avila is not her first Elderhostel experience. This past April, Ruby travelled to Flagstaff, Arizona, to take part in Elderhostel.

While in Arizona, Ruby attended the University of Northern Arizona for her Elderhostel classes. Having an appreciation for Elderhostel and its learning program, she decided to repeat the experience in a new way. She came to Kansas City to take part in

Avila's program.

How did she like experiencing Elderhostel at Avila? "Well, I like the campus here. It's not too big or too small. It's easy to get around," Ruby stated.

Ruby added that she really liked the field trips and the tour of Kansas City. "I'm really enjoying myself," she said.

When asked what classes Elderhostel was covering this session, Ruby replied that they were studying Chinese Art, Presidential Leadership and Playwrights.

Judging from Ruby Kolstö's reaction, Elderhostel seems to give a lot more to its participants than knowledge. It gives them a taste of different cities and a different lifestyle.

### Correction

Correction to: Avila's Early Heritage: Father Stanford headed a debate to change the name of the college.



# COMMENTS

November 6, 1990 Page 2

## Concerning the Avila Examiner EDITORIAL COMMENT

By Kenneth (Montana) Jackson, Editor

In the May 3, 1990 issue of the Avila Examiner it was incorrectly reported that the newspaper was being "Taken on by the Communications Department." Instead, the Avila Examiner has been and will continue to be under the direction of the Humanities Department.

It is true that the Advisor to the newspaper is a Communication instructor, but administrative guidance comes from the Humanities Department and not from the Communication division.

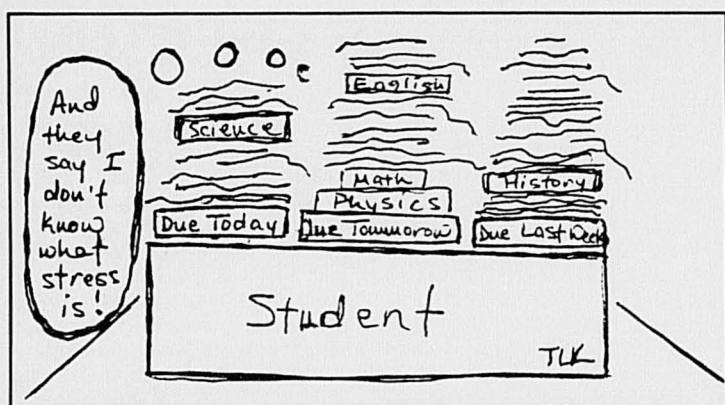
Further, in the past, the Avila Examiner has been considered a student activity. What the Examiner has become is a journalistic venture aimed at hands-on training and an academic learning tool, while continuing to let those who wish to write for enjoyment do so.

We of the Avila Examiner are very proud of the improvements made and being made to this newspaper. Improvements which, as anyone who has seen the paper prior to this semester will assuredly attest, are steps in the right direction.

The Examiner's editorial board and staff realize that we are just beginning the long and often difficult road to journalistic perfection in both material and practice. Undoubtedly, as in the past, we will suffer from occasional imperfection on the road to this end.

We are, however, dedicated to this objective and have the belief in ourselves and in this newspaper that will ultimately lead to its realization.

We thank the Avila community for the faith it has placed in us as representatives to high achievement.



## A New College Emerges Each Year

By Thomas R. Lease, Vice President & Dean for Student Affairs

I'm entering my 15th year with Avila, or in student terminology, the junior year of my fourth cycle through the College. They still haven't offered me a degree.

After the first decade here, people began to question why I wasn't looking for advancement at other institutions, with new challenges and new excitement. The answer, very simply, is that each of these 15 years has presented new challenges and new excitement.

No two years have been alike. Each Fall, the College has offered me new opportunities and expected (sometimes demanded) new roles and responsibilities. Avila has been a different college each of these 15 years because Avila is only as dynamic as its people, and our people are always changing.

I look around this fall and see another new college unfolding around me. The privilege of serving Avila as a Vice-President and Dean gives me a unique vantage point for observation. Allow me to share just a few:

A freshman class of over 100 new full-time students (double last year's

number) and the prospect of greater growth in the coming years. Numbers aren't that impressive but faces and voices are.

The residence hall population is up 16%, and students feel the sense of community. The Snack Bar and Game Room in Marian Centre are full of laughter. The whispering in the Library is wonderfully deafening. The campus is alive with new vitality. I love it when people complain about not finding a convenient parking space when we have 622.

Everyone can see our facilities expand with a new outdoor athletic complex on the south and west sides of the campus, but for me it represents the fruition of dreams. Soccer teams and coaches for years have dreamed about a new field - firm, level, fenced and watered through an in-ground system. Softball and baseball players have dreamed about home games on a "real home field." We all have dreamed about a general recreation field for intramurals and sports practices (even mud volleyball).

New personalities that shine like beacons: Ed McInnis, freshman, who covers more territory on campus in his electric wheelchair each day than most of us can on foot, and whose smile and wit leave a trail of joy in his path; Dan Keegan, new coordinator of the Art Department, who is stirring up creative thought with unbridled enthusiasm; Jamie Collins, new Women's Basketball Coach, whose confidence would bring in the Lakers for a pre-season warm-up game.

Everywhere I turn, I find a spirit of change, the spirit of Avila.

Yes, Avila is a new college every year, and those of us who return each Fall are renewed and refreshed by our new friends and co-learners. The concept of higher education demands an environment in which we all can grow, together and into something greater than ourselves.

As I look around this Fall, I see verification and confirmation of Avila's mission and philosophy, I see growth in others and growth in myself. I think I'll stay another year, just to see what Avila becomes. Maybe I'll even earn a degree someday.

## Calling All Priests

By Cheryl Denslow

A committee of five is conducting interviews to fill the position of campus priest, vacant since June when Father Mike Zahorchak left after five years at Avila.

Those on the Campus Ministry Committee are Dr. Larry Kramer, Tom Lease, Sister Marie Georgette, Sister Ruth Stuckel and Father Pat Rush. Five candidates have been interviewed as a result of advertisements being run nation-wide.

Offers were made to two of the candidates. Both declined the position. As the interview process continues, consideration is being given to hiring a campus minister, a position which could be filled by a lay person.

In the meantime, Dr. Kramer is recruiting priests from local parishes for Sunday Mass and services for special occasions. No daily services are being held.

Sister Ruth said that Dr. Kramer hopes to continue the special campus activities started by Father Mike. Dr. Kramer, Sister Ruth and David Melton are the campus ministry staff and are looking at ways to keep these activities going. Programs needing sponsorship or help are Toys for Tots and the Food Bank.

Assistance is also needed for the ecumenical services for Thanksgiving, midnight exam service and Lenten services. A survey was distributed on campus asking for help from individuals, campus clubs and organizations in planning this year's activities.

If you are interested in volunteering for any of these activities or if you are interested in prayer groups, Bible studies, discussion groups, promotion or participation in liturgy, you may contact Dr. Kramer's office.

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931-8400, Ext. 253



## Calling Upon the Holy Spirit For the Gift of God

Dear Member of the Avila Community,

Have you been inclined to pray to the Holy Spirit? Christians believe that there are three persons in the One God: Father, Son and Holy Spirit. God's Holy Spirit in the source of life in the world, Jesus and members of the Christian Church.

The World. In Genesis 1:1-2 God's Spirit is said to hover over the water. God's Spirit is active as God creates order out of chaos and breathes life into human beings. Most Christian denominations today maintain these underlying truths.

These truths are that God created the world out of nothing; the world, as God created it, is good; and God keeps all things in existence.

Jesus. In the Gospel of Matthew and Luke Jesus is said to be conceived by Mary through the power of the Holy Spirit. The Holy Spirit is the source of the life of Jesus; God made man.

Through His presence, Jesus radiated what St. Paul calls the fruits of the Spirit: love, joy, peace, patience, kindness, goodness, trustfulness, gentleness and self-control (Gal. 5:22-26). Through His service, Jesus manifested the gifts of the Holy Spirit: preaching with wisdom, instruction, faith, healing, miracles, prophecy and



### Student Union Board: Fall Events 1990

Special Event, Magician/Illusionist Kevin Spencer, November 12.  
Dining Hall, 8:00 p.m., Marian

### Thornhill Art Gallery

November 7-30 Abstract Landscapes, Betty Lipsitz Bikson, Acrylic and Charcoal on Paper, Reception November 9, 7:00-8:30 p.m. (Gallery closed November 21-25)

### Beyond the Classroom: Communication Speaker Series, Fall 1990

November 15, 1:00-2:15 p.m. Darcie Blake, News Director, KUDL/WHB, 403 BOR.

### FREE To Good Home

Puppy, small collie mix, very friendly, 10 months, had all shots. Call 11:00 a.m.-3:00 p.m., 737-2936 Tom.

### Classified

Find your part-time job through Avila's Career Development & Placement Office in lower Blasco Hall.

Over 700 part-time opportunities have been posted since January 1. Some employers even offer tuition assistance!

### Employment

Addressers wanted immediately! No experience necessary. Excellent pay! Work at home. Call toll-free: 1-800-395-3283.

### Announcement

The following faculty, staff and students have been elected to the President's Council: Dr. Larry Sullivan, Dr. George Smith, Dr. Susan Hildebrand, John Armato, Mary Ann Deck, Barbara Engel, Kate Axtell, Brett Reinert and Joann Mulligan. Please feel free to share your ideas with these people who are serving on the President's Council.

### Coro Offers Public Affairs Training

The Coro Foundation is a national educational institute with four centers located across the country. These centers conduct Fellows Programs offering participants hands-on work experience that is unsurpassed in the field of public affairs. These nine-month, experience-based programs, available to college graduates, focus on areas of issue analysis, organizational analysis, and leadership and communication skills. They provide meaningful training for individuals preparing for a career in public leadership.

Coro/Kansas City offers 12 college student summer internships in Public Affairs. This intensive 10-week program offers first-hand experience in dealing with the issues and problems facing Kansas City leaders in business, labor, government, media and civic groups. Participants will work with major corporations as well as with media, researching and analyzing business and community issue. The professional contacts made through this program can help students in their future job search and career. Both the summer internship and the fellowship opportunities offered by Coro are invaluable to those considering a career of public service.

The application deadline is November 16. If you are interested in more information, come to the Student Resource Center in lower Blasco soon!



Foyle Hall.

Photo by Karen Watson

### Examiner Schedule

Deadlines	Publication Dates
Nov. 8	Nov. 20
Nov. 29	Dec. 11
Jan. 31	Feb. 12
Feb. 14	Feb. 26
Feb. 28	Mar. 12
Mar. 14	April 2

### Editorial Policy

The Avila Examiner welcomes Letters to the Editor. All letters must include the writer's signature and contact telephone number. The telephone number will not be published. All letters will be verified before publication and are subject to editing for length, clarity and content. Letters must be type written, double-spaced and no longer than 250 words.

Please direct your letters to: Editor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145.

### Avila Examiner Staff

Editor .....	Kenneth (Montana) Jackson
Assistant Editor .....	Derek Moorhead
News Editor .....	Kenneth (Montana) Jackson
Comments Editor .....	Kenneth (Montana) Jackson
Feature Editor .....	Lisa Levine
Sports Editor .....	Derek Moorhead
Copy Editor .....	Michelle Atkinson
Illustrator/Cartoonist .....	Tasha Kovich
Circulation Manager/Advertising .....	Luci Hott
Lead Photographer .....	Karen Watson
Columnists, Reporters & Photographers .....	As Credited
Advisor .....	Larry White

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All materials submitted for publication must be typewritten and double-spaced. The Avila Examiner reserves the right to edit and print materials received for publication.

Opinions expressed in the Avila Examiner do not necessarily represent the official position of Avila College but rather that of the Editorial Staff. For more information, contact Larry White, Advisor, Avila Examiner, c/o Humanities Department, Avila College, 11901 Wornall Road, Kansas City, Missouri 64145 or call (816) 942-8400, ext. 289.



## Steaming and Stewing Over Annoying Pet Peeves

By Lisa Levine, Feature Editor

Your best friend continually (and loudly) sighs until you have to ask her what is wrong. Or some guy sitting behind you in class cracks his knuckles.

It is the teeny things that bug you and send you climbing up the walls. Pet peeves can set you simmering and seething, stewing and steaming.

They come in all shapes and sizes, and though at times they can be funny, most of the time they are just plain annoying.

One of the most familiar pet peeves is leaving the cap off the tube of toothpaste. It can make a dedicated toothbrusher so mad that he might squeeze all the paste out just to make the next person angry. How about the person who squeezes the toothpaste from the middle?

Another well-known pet peeve is when someone drums their fingers on the top of any hard surface. Do not be surprised if somebody who hates this

action chops off your fingers the next time you attempt this feat.

Bubble gum was designed for blowing bubbles, or it would not be called bubble gum. Yet, it gets on some people's nerves when a person continuously blows bubbles and then pops them rather loudly. This pet peeve is on almost every teacher's hate list.

Some other annoying pet peeves that drive people nuts are...people



who stand too close when they talk, the sound of pens writing furiously while you are still stuck on the first test question, getting caught in the slowest line at the store, and people who are too bright and cheery in the morning.

Some days nothing goes right. Your pant leg gets caught in the bicycle chain, or someone is humming off

key in the library...you get the picture.

So, when life starts to drive you up the wall, just take a deep breath and think of sea gulls floating through a calm blue sky. And the next time you are simmering, seething, stewing and steaming, remember it is only natural that the teeny things will drive you nuts!

## Effectively Coping with Stress

By Tasha Kovich

For most of us, stress abounds in our everyday lives. We are usually well aware of the cause of our stress: children, homework, utility bills and the boss. Determining the cause of our stress is often easier than coping with the stress itself. Here are some helpful hints to effectively deal with stress.

First, exercise can be a great stress reliever. Though vigorous workouts are what some people go for, simply walking for half an hour each day can do the trick.

Another good stress reducer is reading. Granted, if you are a student, you already have to spend a large amount of time on required reading. However, student or not, being able to

escape into a different world for a few minutes everyday helps conquer stress.

Taking time to sit down and read the newspaper before work or class can keep your day from starting out stressed. The crosswords and comics section can provide especially relaxing entertainment.

Lastly, set aside a time for yourself every day. In this free time you can sit and put your feet up or work on a special hobby that you might have.

There is more than one way of coping with stress, but they all involve one major common factor; they take up time. Do not be afraid to set aside time for yourself. It could make a big difference in the way you cope.

## Quaking in the Path of Danger

By Stella Steele

When someone mentions a natural disaster, Missourians cock an ear for the wail of a tornado siren. Most of us who live in Missouri consider an earthquake just a remote possibility. However, one has been predicted to occur on December 3, 1990, along the New Madrid fault, located in the Bootheel of the state.

While science has had only a limited amount of success in predicting earthquakes, Iben Browning, a climatologist based in Albuquerque, says he is certain an earthquake will happen on this date.

Browning bases his prediction for the December 3rd quake on what he believes is a 178-year cycle that began in 1812. A quake that registered 8.8 on the Richter scale that year changed the course of the Mississippi River and

rang church bells as far away as Boston. Browning says that the December 3rd earthquake should register at least a 6.7 on the Richter scale.

A 6.7-7.6 quake, near New Madrid, will destroy most brick buildings and damage wooden structures. It could damage bridges and possibly twist railroad tracks. Underground pipes will break. In central Missouri, a quake of this magnitude will crack walls, cause pictures to fall, and crack windows. Northern communities along the Missouri River will suffer damage much like that in southern Missouri.

People in Kansas City will experience less seismicity as the intensity of the waves decrease the further one is from the earthquake center.

The Missouri Bootheel has al-

ready received a preview of the foreshock that Browning predicted. The quake that he predicted would occur on October 6 and register 7.0 on the Richter scale shook the Bootheel three days prior to that date. Another foreshock is predicted to occur November 9. Most experts in Missouri agree that an earthquake is inevitable and it is smart for Missourians to prepare.

## Fast Food Escape

By Lisa Levine and Tasha Kovich

Welcome to the wonderful world of food. Today's guest is Steak 'N Shake. If you like fast food but do not like the rush, this is the place to go. The atmosphere has more personality than your average fast food restaurant, but still is just as casual.

The menu includes sandwiches, salads and side dishes ranging from one to five dollars. The double cheeseburger and chicken sandwich were yummy. Top off your meal with one of their many shakes, such as a double chocolate chip cookie shake.

Overall, we give this restaurant an "A" grade. So, the next time you are in the mood for sit-down fast food, try Steak 'N Shake, located at 12401 Blue Ridge Extension. Hours: Sunday-Thursday 7:00 a.m. to 11:00 p.m.. Friday and Saturday 7:00 a.m. to midnight.

## Baking Up a Family Tradition in Kansas City S & A Italian Bakery

By Rita Dubin

A loaf of bread is a loaf of bread, you might say. Well, it's true that breads have similar beginnings. Webster defines bread as "...baked and leavened food made of a mixture whose basic constituent is flour or meal." But, some types of bread stand alone.

Authentic Italian bread is one of them. While there are many imitators on the market, a true Italian bread lover knows the distinctive crust, the distinctive flavor, and the distinctive texture. So, where does one buy REAL Italian bread? At a REAL Italian bread bakery, of course. One such bakery is the S & A Italian Bakery.

S & A Italian Bakery is located at 1135 E. 5th Street. Driving east on 5th Street from the city market, S & A Italian Bakery is located just east of Troost Avenue. It has been in the same building for more than 75 years and is located across the street from Garrison Community Center and park.

S & A originally stood for Sam & Albert explains Connie McHardie,

part-owner, "but now it stands for Sam and Annie, that's my mother's and father's names."

As you approach 5th and Troost, evidence of a disintegrating neighborhood becomes obvious. The street is devoid of people. You'll see no one out for a walk or walking a dog. You won't see or hear children playing in the park. It is immediately apparent that few cars go this far east on 5th Street from the market area, unless the driver is headed for the S & A Italian Bakery.

The white paint on the outside of the bakery is peeling and the building shows signs of a long age. The front has two glass windows with only a red neon sign to tell you they are open and small adornments of an upcoming holiday. The glass pane in the door is protected by steel mesh to keep out intruders. Handwritten on the outside of the building is the following;

Have valid I.D.:

Driver's license

State I.D.

Birth Certificate

The front door is kept locked even though the sign in the window reads "open". Ms. McHardie and her bakers have seen too much activity of a questionable nature in the park across the street to leave themselves open to whatever fate may blow in.

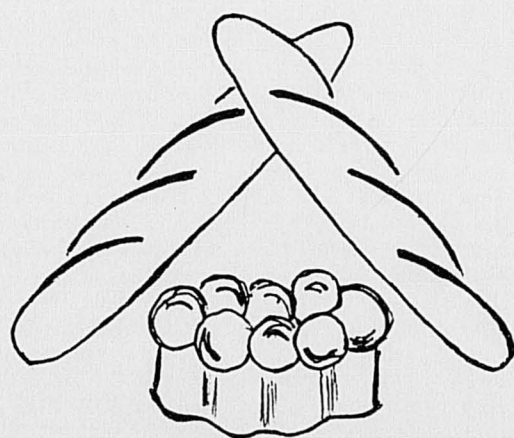
Inside, the aroma of yeast bread fills the air. The walls are yellowed with age and the light is dim. There are two wood-framed glass cases, each about 4 feet long. One has a sampling of several cookies for the customer with a sweet tooth, but the other holds the bakery's primary product, their Italian bread.

The bread is available in oblong loaves, with or without sesame seeds, sliced or whole. The bread is also made as a twist or in a round or "artichoke" shape. Beside the loaves of bread, they produce the delicious sandwich rolls for the meatball grinders served at Mario's in Westport, the Plaza, and Corporate Woods.

The bulk of their business is wholesale and their loaves can be found at the City Market and elsewhere. McHardie estimates they bake about 300 loaves per day. They are open 5 days a week, and closed on Wednesday and Sunday.

The S & A Italian Bakery does not have the polish and shine found in some bakeries where the high-tech age has found its place in bread-baking at the price of quality and distinction.

At S & A, they bake Italian bread the old way: in an old building in an old part of the city. But, the flavor and texture is the same as in the old days. Their bread is made from scratch and has no preservatives, emphasizes McHardie. It is REAL Italian bread.





## Avila Eagles Soar to a Close

By Jacelyn Justesen-Winsor

Volleyball has been a part of Avila's curriculum since the 1970s. Although only women at Avila participate in the sport, when first conceived it was considered a businessmen's sport.

The concept of volleyball began in 1895 by William Morgan, Physical Director of the YMCA in Massachusetts. Morgan thought up the game to help meet the physical and psychological needs of his noon-day class. It incorporated rules taken from tennis, handball and baseball.

The ball was the bladder of a basketball and the net was 6'6" high. There was no limit to the number of players on each side of the net. Major changes occurred in the game between 1900 and 1925.

In 1928 the USVBA (United State Volleyball Association) committee was organized. At this time, 62 countries were playing volleyball. The NCAA (National Collegiate Athletic Association) took a survey and found 40 member schools competing in intercollegiate volleyball. The first national championship took place in 1970. At this time, it was the leading competitive sport in 25 of 60 countries that played volleyball.

Joan Ice has been the coach of the Avila women's volleyball team for the past five years and coach of the women's softball team for the past three years. Ice majored in education at St. Mary's of the Plains College,

Dodge City, Kansas, graduating in 1981. She said she had early aspirations for volleyball even though it was not offered at the high school she attended. She went on to become a student coach in college.

Ice said volleyball participation has come on strong in the last ten years, but fan participation is not increasing. She says, "All they see are kills and attacks; they don't understand the overall strategy. It takes a lot of skill and work."

Avila's team has won 13 of 25 games played this season with Tina Caldwell, Stephanie Cucar and Therese Piper leading the way. Currently, the team is seeded 6th at district for winning six of its nine games. The top eight teams out of 18 will go to district. A few more games must be played to determine who will go to district conference this year. Ice said Avila had qualified for two out of the past five years for the District 16 playoffs, 1987 and 1989.

Individually, Avila's volleyball players have done well in the past five years at all-district meets. All-district selects 12 players out of all the teams to compete. From Avila, Patty Koby was nominated in 1987, and Tina Caldwell was nominated in 1988 and 1989.

The Avila volleyball team works very hard for their rewards. Practice begins one-and-a-half weeks prior to the season. During the season the women practice two to two-and-a-half hours a day. Most of the women have



Photo by Karen Watson

earned scholarships; others are considered walk-ons. About \$18,000 a year is awarded for the scholarship fund. Ice says she would like to see more money put into the scholarship fund to attract even better athletes.

Tina Caldwell voiced the same opinion. Tina is a senior on the volleyball team and is considered a hitter for the team. She came from Shawnee Mission West High School where she played for four years. Her studies are in Nursing, and she believes the skills she learned from volleyball may help her with rehabilitative interests. She said she would like to see eventual co-ed volleyball growth and would not be intimidated when playing with the men. Tina also said, "Coach Ice has

made volleyball a better program with more emphasis on women's sports."

Stephanie Cucar, also a senior at Avila, is a setter and an outside hitter. Stephanie played volleyball at St. Teresa's Academy before attending Penn Valley Community College. Stephanie's expectations for the coming year are simply being able to play and to make it to district.

Virginia Lewis, a junior this year, is also a setter. She played volleyball while attending Grandview High School. Virginia is studying Social Work at Avila and would eventually like to coach volleyball at a high school level. Virginia says she would like to see more publicity for the volleyball games at Avila.

Brenda Schoonover, a freshman, is a middle and outside hitter. She began her career at Lathrop High School. She chose Avila to play volleyball not only for the scholarship she earned but for the smaller classes and teacher-student interest. She is not yet decided upon her career goal; however, being a mortician has piqued her interest. Brenda would like to see the team improve this year and says having a coach like Ice who wants to win is helpful.

Volleyball just for businessmen? Not anymore! This sport has come a long way since the turn of the century. It requires skill, sweat and hard work than just keeping the ball in motion.

## Soccer Update

By Chris Koettker

Saturday, October 13 - The Avila College soccer team hosted John Brown University. Avila was victorious by the score of 3-1. Charlie Kieper scored all three goals.

Wednesday, October 17 - The Avila soccer team travelled to Park College to keep their winning streak alive. But Park had other ideas, beating Avila by the score of 7-1. Mike Maupin scored for Avila.

Saturday, October 20 - Avila returned home to play St. Louis' Harris Stowe. The Eagles trounced their opponent 3-0. Charlie Kieper, Mike Maupin and Craig Wania scored for Avila. Josh Kovich recorded the shut-out.

Sunday, October 21 - The Avila soccer team had some revenge on Culver-Stockton, beating them 4-0. Charlie Kieper, Jack Park, Nick Foppe and

Mike Maupin all had goals. Josh Kovich recorded his second shut-out of the weekend.

Wednesday, October 24 - The Eagles travelled to Fayette, Missouri, to take on Central Methodist College. Avila returned home victorious by the score of 5-1. Mike Maupin, Jeff Doherty, Jack Park and Jim Ricker (2) scored.

## Tobin Set For Future Visions

By Chris Pickett

Mark Tobin came to Avila in January 1990 to become the new Athletic Director and Baseball Coach. Before Tobin came to Avila, he was Baseball Coach at Atlantic Christian College in Wilson, N.C.

He was aware of the responsibilities that came with the positions and



Mark Tobin, Athletic Director.  
Photo by Karen Watson

he accepted them, although there were many. "My job involves a lot of the paper work for the sports. I do things like handle contracts (with opponents), scheduling officials and handling their pay, and overseeing coaches as far as development," said Tobin.

Tobin has not limited himself to the offices at Mabee Fieldhouse. He has been a factor in the addition of the new outdoor athletic complex. "The outdoor athletic complex has been one of our main priorities. It's important to have all sports on campus," said Tobin. "We're also encouraging coaches to look at the possibility of having junior varsity teams," he added.

The sports programs have taken a step in the right direction on Avila's campus. "We've made some giant strides (with the additions). We're real pleased with the progress being made in all sports," said Tobin.

## Promising Eagles Ready For Basketball Season

By Bruce Buesling

A year ago, Avila finished the season with a record of 7 wins and 22 losses. This year, third-year Head Coach Bill Wiesbrook has high expectations for his Eagles because of the return of three starters from last year's team, three junior college transfers, and ten new freshmen and sophomores. Wiesbrook will have 19 players to choose from to form a competitive varsity team and a junior varsity. This year's group of players bring size and talent to Avila.

The three starters from last year's team are 6'4" junior Dennis Hallblade, 6'1" sophomore Kevin Lowder and 6'3" sophomore Keith Harris. Hallblade was a starter from start to

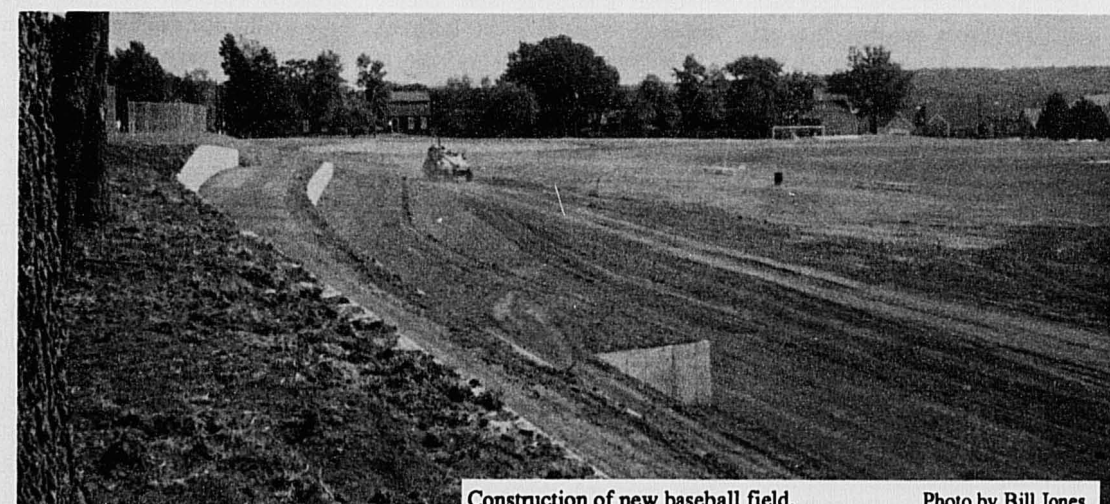
finish a year ago. He was a consistent Avila player when it came to rebounding, scoring and defensive play. "Blade" averaged 16 points a game. Last year, Hallblade played both the post and forward positions.

Hallblade has the size to move people out of the lane and block out on rebounds. He's physical, as he showed School of the Ozarks last year by scoring 32 points and grabbing 15 rebounds on the way to an Avila victory.

Sophomores Keith Harris and Kevin Lowder became starters after the season began. Harris played the forward position. Lowder was recruited two years ago out of Chicago as a 6'1" guard. Because of his leaping

ability, he was used at the forward position to help with rebounding. Lowder held his own, especially against Rockhurst, when he scored 20 points against them when Avila almost beat them at home last year.

The other returning lettermen from last year are 6'5" senior Jason Porter and 6'1" junior Chris Pickett. Both "Hoss" and "CP" played as reserves. Pickett would come in to spell the guards. Toward the end of the season, Pickett saw more playing time and this year should be a possible starter. Pickett has good shooting range and showed this during spring league when he rarely missed a three-pointer. Jason "Hoss" Porter was a



Construction of new baseball field.

Photo by Bill Jones

high school player from Oklahoma. He has good fundamentals and a lot of knowledge of the game. Porter did not get to play much until toward the end of the season. His best game was against nationally ranked Drury College when he came off the bench and scored 12 points and pulled down several rebounds.

Three junior college transfers will bring more experience and depth to Avila. 6'0" junior guard Rick Buford has quickness, strength, good ball handling abilities and is a threat to score from anywhere on the floor. He comes to Avila from Kemper Junior College. Juniors Brian Strauss and Randy Johnson are both from Cedar Rapids, Iowa. Strauss is a 6'4" forward who will help open up the inside this year. He has good leaping ability and can take the ball to the basket. Johnson is a 6'0" guard who has the same qualities as Buford, so the battle for guard positions will be heated.

The other new players are sophomores Eric Fisher who played at O'Hara High School and Jim Huber.

Huber practiced with the team last year but was not eligible to play. Coach Wiesbrook has brought in nine freshmen players who will play on the varsity or junior varsity teams. This was a good recruiting year for Avila. Assistant Coach Bryan Bravard will be in charge of preparing most of them to play on the varsity team later down the road. For many of these freshmen their first two years at Avila will be developmental. These freshmen include: Darrin Hill, Jeff Klein, James Barry, Paul Wolfer, James Crump, Josh Kovich, Quintan Hollinshead, Jeff Jenkins and Chris Burroughs.

This year the Avila Eagles have experience and depth. One goal is to make the District 16 playoffs; but to do this they must face a rugged 30-game schedule. This year, the Eagles will be traveling to Denver and Chicago and also will be competing in the annual K.C. Classic Tournament at Memorial Hall. There are 14 home games this year, and all of them should be exciting.